



LOVERS LEAP MULTI-PITCH CAMP

Lover's Leap is likely the best moderate traditional multi-pitch climbing site in California. With easy access, spectacular climbing, enjoyable walk-off descents and good camping nearby, no wonder Lover's Leap is on every rock climber's wish list.

The "MAS Lover's Leap Multi-Pitch Camp" emphasizes traditional multi-pitch climbing and you can expect between 5 and 9 pitches of spectacular crack and face climbing each day. This program operates with a low participant to guide ratio (2:1) to maximum your climbing time. With the guide taking care of leading and route-finding you have the opportunity to enjoy climbing at heights with a top-rope belay and a chance to observe multi-pitch techniques. Each participant is required to be active in rope management, removing protection, belaying, and anchor removal. Although much of the learning is through "hands-on" activity, MAS guides are more than happy to conduct "miniclinics" on specific multi-pitch topics when appropriate.

On Day 1, participants will be placed in groups based on climbing experience, ability and goals. After a warm up climb, groups will decide on their climbing objectives and proceed to those specific routes. As the sun gets low in the sky, groups will complete their last climbs and head back to the parking lot and campsites.

Day 2 will begin bright and early at the Lover's Leap parking area and groups will reassemble for another day of great multi-pitch climbing. If needed, adjustments to the groups will be made at this time. With multi-pitch climbing systems fresh at your fingertips, you can expect another full day of "classic" climbing on some of the best rock in the Sierra! Groups should be finished and wrapped up between 4-5 PM on Day 2.

MEETING TIME AND PLACE:

8 AM in front of the message board at the Lover's Leap Campground.

PREREQUISITES:

- strong belay skills
- comfortable climbing 5.8 on top-rope
- good physical condition (able to hike 3 miles with a 20 lb. pack)

COURSE CURRICULUM:

- overview of rock climbing hazards and precautions
- standardized multi-pitch commands
- gear removal and racking
- belaying a lead climber
- crack and face climbing techniques
- tons of traditional multi-pitch climbing

HOW TO REGISTER:

Participants can register on-line, through email, by fax or over the phone. Preregistration is required to reserved your space. For more information either visit the MAS website (mtadventure.com), email us (mail@mtadventure.com) or call the MAS office at (209) 753-6556 ext. 1. Cancellations made 14 days or more prior to the course starting date will be refunded less \$25. Between 14 and 7 days 50% course tuition will be refunded and no refunds can be made within 7 days of the course starting date. If a course has to be cancelled due to low enrollment or poor weather you will be given a full refund or credit.

SEE REVERSE SIDE FOR ADDITIONAL INFORMATION

ADDITIONAL MULTI-PITCH INFORMATION

- comfortable climbing shoes are important
- a well padded harness is nice
- consider climbing with athletic long pants
- compact low profile climbing backpack
- a small, lightweight head lamp is never a bad idea
- a lightweight windbreaker is a critical piece of gear
- small, easily accessible, lunch snacks
- sunglasses & camera please have a keeper strap
- pay attention to weather and dress appropriately

MAS PROVIDES:

- professional & personable instructors
- low student to instructor ratio (2:1)
- Wilderness First Responder certified guides
- first aid kit
- all climbing ropes, anchors, and slings
- climbing helmets if requested beforehand
- commercial guiding permits and insurance

WHAT TO PACK:

- harness, rock shoes, helmet*
- 2 locking carabiners, belay device
- lunch, water, day pack, approach shoes
- sunglasses, sunscreen & lip balm w/SPF 10+
- see "hot & cold weather considerations" above
- camera (optional)

HOT WEATHER CONSIDERATIONS:

- hydrate aggressively the night & morning prior
- 2-3 quarts recommended for the day
- we often leave extra water at the base of the climb
- loose, lightweight and light colored clothing
- sun hat to wear underneath your helmet

COLD WEATHER CONSIDERATIONS:

- warm hat or beanie cap that fits underneath helmet
- climbing shoes that you can wear a pair of socks
- plenty of little snacks while climbing
- lightweight fingerless gloves can be nice for belaying

DIRECTIONS TO LOVERS LEAP:

- From Sacramento head East on Highway 50 towards Placerville.
- From Placerville continue East on Highway 50 (approximately 40 miles left to go)
- When you pass the small town of Kyburz you are about 9 miles away.
- As you enter the small town of Strawberry you will see the Strawberry Lodge on your right.
- Exit right here and continue on the small highway frontage road which will cross a small bridge.
- Take the first left which gradually climbs a hill past some houses.
- You will soon enter the Lover's Leap Campground one way loop road.

LOVERS LEAP CAMPING AND LODGING INFORMATION:

The Lovers Leap Campground offers convenient camping sites with bathrooms and potable running water. Most camping sites are located a short walk from the parking lot so be prepared to carry your camping gear. Weekends can be crowded so plan to arrive early and be prepared to share a site with others if needed. Midweek is quieter and open campsites easy to find.

The historic Strawberry Lodge is located half a mile away from the campsite and offers nice accommodations. There is also a restaurant and bar open to the public which is convenient when you don't feel like cooking dinner by the campfire. For more information please visit www.strawberry-lodge.com or call (530) 659-7200.

Another lodging option a few miles down the road on Hwy. 50 is the Kyburz Resort Motel with simple and affordable rooms. For more information please visit www.kyburzresortmotel.com or call (530) 293-3382.

