



EASTSIDE SKI & SNOWBOARD CAMP

The Eastern High Sierra is world renowned for spectacular scenery and amazing descents for the backcountry ski and snowboard enthusiasts. This three day program ventures into the Sawtooth Range, west of [Bridgeport](#), located on the crest of the Eastern Sierra. This program is packed with big adventure including ski and snowboard mountaineering techniques, snowcamping, and spectacular descents. All participants need to be strong skier and snowboarding comfortable descending advanced slopes in all conditions.

Day 1 starts at 9 AM outside the small cafe of [Annett's Mono Village](#) at Twin Lakes, approximate 20 minutes drive from Bridgeport. From the trailhead at Twin Lakes we will ascend quickly until the trail disappears under the snowpack. We will then continue climbing with the use of skis and snowshoes. A basecamp will be established below Matterhorn Peak where a number of "classic" chutes and bowls are within easy striking distance of camp.

Day 2 will start early and conditions permitting we will climb and descend the East Couloir of Matterhorn Peak. Opportunities to sample the numerous slopes surrounding camp will fill the afternoon activities.

On Day 3 we will break camp early and traverse into the Horse Creek Drainage, drop our big packs and climb higher in the Twin Peaks Pass area. From this pass we will have the opportunity to ski and ride and series of glacial benches for nearly 3 miles. This last descend has often been the highlight of the season many participants. We hope you can join us!

PREREQUISITES:

- Very good physical condition
- Previous overnight backpacking experience
- Advanced skiing or snowboarding skills
- [Crampon & Ice Axe Workshop](#) or equivalent recommended
- [Avalanche Level I Seminar](#) recommended

TRIP OBJECTIVES:

- Climb peaks and link sweet turns!
- Practice skills relevant to safe backcountry travel such as route selection, orientation and avalanche awareness.
- Practice making snow camping comfortable, enjoyable and safe.
- Relax and enjoy the beauty of the Eastern Sierra.

MEETING TIME & PLACE:

Meet at 9 AM on the first morning at the small cafe of [Annett's Mono Village](#) at Twin Lakes, west of Bridgeport.

COURSE REGISTRATION:

Preregistration is required and a 50% deposit reserves your spot. [Secure online registration](#) is available through the MAS web site. Participants can also [email](#) or call the MAS office at (209) 753 6556 ext. 1.

·PLEASE SEE EQUIPMENT LIST ON REVERSE·

EASTSIDE SKI & BOARD CAMP EQUIPMENT LIST

Please pack in a light and compact manner. Be prepared to save some room in your backpack for group gear (approximately the size of a basketball). If you have any questions about equipment on this list please don't hesitate to [contact](#) the MAS office. You will be asked to show the contents of your pack.

GEAR:

SKIERS:

- Skis*: metal edged and waxable skis required
- Bindings*: either 3-pin, cable, or randoneé. Make sure bindings are secure and boots fit properly
- Climbing skins*: close to the width of the skis' waist. Make sure glue is in good shape.
- Boots*: stiff high top leather or plastic boots in good condition and waterproof

SNOWBOARDERS:

- Snowboard* and bindings (check all your screws and bring any lightweight spare parts you may need)
- Snowboard Boots*: comfortable enough for a several mile hike.
- Snowshoes : Available to rent through MAS

BOTH:

- Ice Axe*: Length should run from your hand to your ankle.
- Crampons*: 10 or 12 point crampons should be pre-fitted to your boot.
- Poles*: telescoping are preferred
- Beacon, probe & shovel (MAS will provide with advanced notice)
- Backpack*: internal frame preferred; 4000-5500 cubic inches
- Sleeping bag*: down or synthetic mummy bag rated to 20°F or colder; & sleeping pad*

CLOTHING:

- 1 pair heavier synthetic or wool blend socks, hiking style
- 1 pair synthetic liner socks (optional)
- Gaiters depend on your boot system. If in doubt, please ask.
- Long underwear top and bottom. Polypropylene or some other synthetic is most desirable.
- Warm pants: tights or expedition polypropylene or similar weight
- Warm shirt: expedition polypropylene or light fleece type
- Fleece jacket or equivalent
- Light down or synthetic fill jacket. This item would replace above item.
- Good quality rain/wind waterproof/breathable jacket and pants. This is one of your most important pieces of gear. Don't compromise! Jacket should have a hood.
- Warm hat & sun hat
- Warm winter gloves and/or spring gloves

ETC...

- Sunglasses, goggles
- Tooth brush, personal medications & first aid supplies you know you might need (e.g. moleskin, ibuprofen)
- Heavy-duty sunscreen and lip protection
- Two 1-liter plastic water bottles (wide-mouth required)
- Headlamp with extra batteries and bulb
- Camera and film (optional)
- Plastic spoon, bowl and insulated cup (M.A.S. will provide if needed)
- Three lunches, snacks and breakfast for Saturday morning

M.A.S. PROVIDES:

- Four-season dome tents
- Two breakfasts & two dinners
- First aid kit, repair and contingency supplies
- All cooking supplies
- Avalanche equipment as necessary
- Permits and fees

